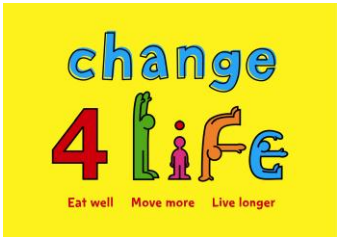


**TRY
MEND!**



20 FREE, fun sessions for 7 to 13-year-old children who are above their ideal weight, and their parents. Find out how to be fitter, healthier and happier.

**Date and Time: Mondays and Thursdays 6.00-8.00pm
Starting January 2010**

**Where: Sheenwater Community Centre.
Other locations to follow throughout 2010**

**Contact: Gary Cordery,
Health and Well-being Development Officer
Tel: (01483) 743424
Email: gary.cordery@woking.gov.uk**



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